

Mpls St Paul

OCTOBER 2011 | MSPMAG.COM

DYNASTY'S END:
PAUL YOUNGDAHL AND
MOUNT OLIVET CHURCH

DO-GOODERS: OUR 2011
VOLUNTEER HALL OF FAME

**6 LUXE TASTES ON A
CHEAP EATS BUDGET**

WHERE TO **FIX YOUR** **BEST STUFF**

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* Chair Makeover!
From drab to fab for less than \$900.
Turn to page 68 for details.

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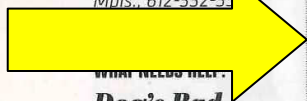


> ODDS & ENDS: *Knowing who to call for all of life's little dilemmas can be overwhelming. Luckily, we did the legwork for you.*

WHAT NEEDS HELP:

Hair Color ◦

We've all done it at some point: Grabbed an at-home hair coloring kit as a quick fix, only to find that the results were less than pleasing. Whether you've gone too blonde or turned your hair green by accident, **Juut Salonspa** master color specialist Santa Fe Gates can fix it. "It's almost like a puzzle," says the 13-year veteran. Of course, corrective color isn't her only talent: Gates has won Juut's award for creative color. Currently, she's loving natural looks—especially chocolate brown and coppery red. *Gaviidae Common, Mpls., 612-332-3344*



Dog's Bad Habits ◦

Dr. Margaret Duxbury is not your average purveyor of sit and stay. Duxbury, a board certified veterinarian behaviorist, runs the **Animal Behavior Services Department** at the University of Minnesota's Veterinary Medical Center, with the help of resident Dr. Lorna Reichl. Together they treat pet problems—about 70 percent are dog related—that run the gamut from aggression to anxiety to compulsive behavior. "We're not talking about dogs who have never learned to sit," says Duxbury. "We're talking about dogs



who are truly anxious and that may manifest itself into an aggressive, phobic, or fearful animal that impairs its ability to function." After an initial consultation that can range anywhere from one to three hours (she makes house calls), Duxbury constructs a behavior plan to help your pet overcome its fears. Her plan may include sessions with a trainer, a prescription for psychotropic medications, and two months of follow-up appointments. *St. Paul, 612-624-0797, cvm.umn.edu*

WHAT NEEDS HELP:

Lice Removal ◦

It's the service no one wants to need, but it's a lifesaver when you do. Nurses Rachel Knutson and Lisa Rudquist founded **Ladibugs** lice removal service last year, making home visits to do the comb-outs parents dread. Business has grown so fast thanks to the persistence of the pests, which invade the manes of as many as 12 million people each year, that Ladibugs has opened its own head-lice removal store and launched a line of all-natural lice elimination products sold at Kids' Hair salons and other stores throughout the Twin Cities. The distinctive products, which contain peppermint and essential oils in



place of harsh chemicals, distinguish Ladibugs from its competitors. Ladibugs also employs the LouseBuster, an FDA-approved device designed to combat the most tenacious cases. But just because lice are out of your hair doesn't mean they're out of your hair. Their eggs may be hatching in coats, bedding, and vehicles. Ladibugs arms its clients with advice on how to get lice out of those spots as well, and it offers a 24-hour support line for the truly exasperated and desperate. *St. Louis Park, 612-804-8888, ladibugsinc.com*

WHAT NEEDS HELP:

Unwanted Tattoo ◦

Yeah, about that tattoo you got during your freshman year in college—it sure seemed like a great idea at the time, but since then you've sobered up. These things happen and luckily **Tattoo Removal Shop** can erase that stamp like it never happened. Dr. Mike Towey traded in his medical scrubs five years ago to start this business; since then, he's had clients fly in from all over the country. "My typical client is a 30-year-old woman who got her tattoo when she was 18. But I've seen it all—10 to 70," Towey says. After all, everyone makes mistakes. *Mpls., 952-922-9462, tattoo-removalshop.com*



GURU PROFILE

WHO: Donna Haberman
WHERE: Midwest Art Conservation Center
SPECIALTY: Objects Conservator
YEARS OF SERVICE: 20

If you have a damaged work of art or sculpture that needs repair, you can hire the services of the **Midwest Art Conservation Center**, the same experts who execute restorations for the Minneapolis Institute of Arts and Walker Art Center. In addition to the multitude of services it provides to museums and libraries, MACC works with private collectors. "Some of my favorite objects to work on are picture frames and gilded objects," says senior objects conservator Donna Haberman. An initial consultation and analysis costs \$100. Costs thereafter are based on labor and materials. *By appointment, Minneapolis Institute of Arts, Mpls., 612-870-3120, preserveart.org*